

2026 MEDICAL INSURANCE DISCOUNT RATE REQUIREMENTS

In order to receive a discounted rate on all available 2026 Medical insurance plan options, you must complete the following requirements:

Schedule and complete a Wellness Visit* with your primary care provider. Have your primary care provider complete this form and then submit it to Human Resources ***no later than November 14, 2025.***

Wellness Visit*

Preventive care is covered at 100 percent before deductible on all health plans. Any visits or additional claims (physical, lab work, etc.) submitted by your primary care physician and/or other provider(s) will be processed through your medical plan as submitted by the provider and subject to applicable deductibles/coinsurance/copays if a medical condition is present.

Your annual wellness visit may include some of the following at the care provider's discretion:

- Blood Pressure
- Height/Weight/Body Mass Index
- Fasting Glucose
- Complete Physical
- Age or Gender-specific Screening
- Other Tests or Examinations

PLEASE RETURN TO HUMAN RESOURCES

ASSOCIATE NAME (please print): _____

DATE WELLNESS VISIT WAS COMPLETED: _____

PHYSICIAN/PRACTITIONER PRINTED NAME: _____

PHYSICIAN/PRACTITIONER SIGNATURE: _____